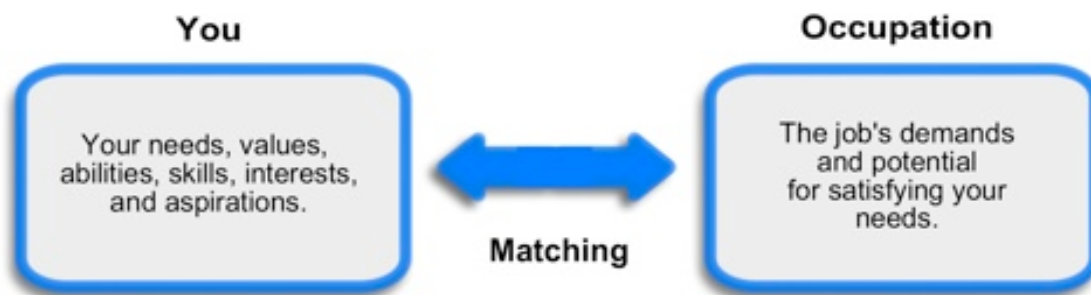


The Career KeyTM Canada



By Lawrence K. Jones, Ph.D., NCC

Choosing an occupation or a job is a matching process:



The *Career Key* unlocks the mystery of this matching process. It will show you how to identify the jobs most likely to satisfy you.

Turn the page to begin.

Name: _____ Date: _____

Copyright © 2009, Career Key, Inc. All rights reserved. No part of this document may be reproduced, stored, or transmitted in any form or by any means without written permission of the author, Lawrence K. Jones, who may be contacted by email at lawrencejonesphd@earthlink.net.

Read each statement below and decide how much it describes you. If the statement is very true of you, write a “2” on the line next to it. If the statement is mostly true of you, write in a “1”. If the statement does not describe you, write in a “0”.

R

___ I like to work with animals, tools, or machines.

___ Compared to others my age, I have good skills in working with tools, mechanical drawings, machines, or animals.

___ I value practical things you can see or touch like plants and animals you can grow, or things you can build or make better.

___ I am practical, mechanical, and realistic.

A

___ I like to do creative activities like art, drama, crafts, dance, music, or creative writing.

___ Compared to others my age, I have good artistic abilities – in creative writing, drama, crafts, music, or art.

___ I value the creative arts – like drama, music, art, or the works of creative writers.

___ I am artistic, imaginative, original, and independent.

E

___ I like to lead and persuade people, and to sell things or ideas.

___ Compared to persons my age, I am good at leading people and selling things or ideas.

___ I value success in politics, leadership, or business.

___ I am energetic, ambitious, and sociable.

I

___ I like to study and solve math or science problems.

___ I am good at understanding and solving science and math problems, compared to others my age.

___ I value science.

___ I am precise, scientific, and intellectual.

S

___ I like to do things where I can help people: like teaching, first aid, or giving information.

___ Compared to persons my age, I am good at teaching, counselling, nursing, or giving information.

___ I value helping people and solving social problems.

___ I am helpful, friendly, and trustworthy.

C

___ I like to work with numbers, records, or machines in a set, orderly way.

___ Compared to persons my age, I am good at working with written records and numbers in a systematic orderly way.

___ I value success in business.

___ I am orderly, and good at following a set plan.

Now, add the number of points you have for the **R** statements. Write that sum on Line 1 on the next page. Then, do the same for the other letters – **I**, **A**, **S**, **E**, and **C**.

Appealing Occupations

For the jobs listed below, write a “2” next to those that *definitely interest or attract you in some way*. Write in a “1” for those that might interest you. And, write in a “0” for any that you are undecided about, that do not sound interesting, or that you would dislike.

R ___ Bus Driver	I ___ Biologist	A ___ Clothes Designer
S ___ Physical Therapist	E ___ Lawyer	C ___ Insurance Clerk
R ___ Fish & Game Warden	I ___ Chemist	A ___ Dancer
S ___ Librarian	E ___ Sales Manager	C ___ Court Reporter
R ___ Farmer	I ___ Astronomer	A ___ Musician
S ___ Nurse	E ___ Radio/TV Announcer	C ___ Bank Teller
R ___ Truck Mechanic	I ___ Laboratory Technician	A ___ Novelist
S ___ Counsellor	E ___ Salesperson	C ___ Business Teacher
R ___ Airplane Pilot	I ___ Electrical Engineer	A ___ Actor/Actress
S ___ Speech Therapist	E ___ Restaurant Manager	C ___ Bank Examiner
R ___ Carpenter	I ___ Chemical Technician	A ___ Artist
S ___ Social Worker	E ___ Insurance Sales Agent	C ___ Tax Expert
R ___ Mechanical Engineer	I ___ Research Scientist	A ___ Singer
S ___ Teacher	E ___ Apartment Manager	C ___ Bookkeeper

To the left of each job title you see a letter, an **R**, **I**, **A**, **S**, **E**, or **C**. Carefully add the number of points that you have for the seven **R** jobs, and write that sum in the space below on Line 2.

Do the same for the other letters: **I**, **A**, **S**, **E**, and **C**.

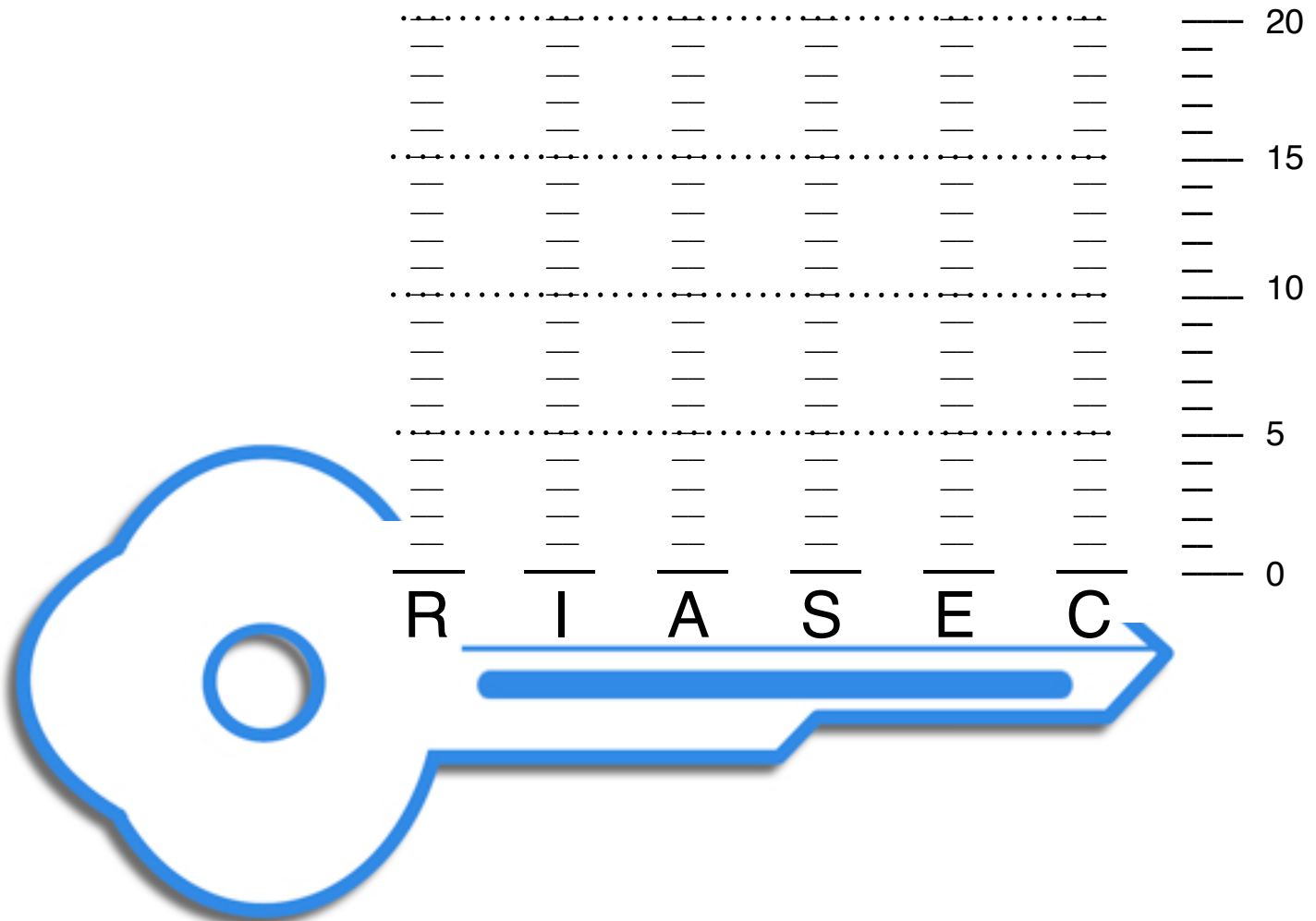
Now, add Line 1 and Line 2 and put your answers on Line 3 to get your total score.

Line 1:	_____	_____	_____	_____	_____	_____
	R	I	A	S	E	C
	+					
Line 2:	_____	_____	_____	_____	_____	_____
	R	I	A	S	E	C
Total:						
Line 3:	_____	_____	_____	_____	_____	_____
	R	I	A	S	E	C

You will use your total scores on Line 3 to make your Career Key on the next page.

Your Career Key

Now you are ready to construct your Career Key. Begin with the total number of points you have for **R** from Line 3 of the previous page. Make a small “x” on the graph below, above the **R** for that number. Do the same for the remaining letters: **I, A, S, E,** and **C**. Once you have done this, draw a line connecting your “x’s” to complete the key. This is your Career Key.



According to Dr. John Holland, there are six types of people – **Realistic, Investigative, Artistic, Social, Enterprising,** and **Conventional**. The highest scores on your Career Key are the personality types that you are most like.

On the next few pages, many jobs are listed. They are grouped in two ways:

1. The jobs are grouped according to the six personality types – *Realistic, Investigative, Artistic, Social, Enterprising, and Conventional*.
2. Then, under each of the six types, the jobs are grouped into work groups. For example, see “1.03 Engineering” on the next page. The workers in these groups of jobs have similar traits – interests, skills, abilities, and level of training.

Read over the jobs listed for the two or three personality types that are highest on your Career Key. Place a checkmark (✓) next to those that interest you, or those you would like to know more about.

Occupations

REALISTIC Occupations

1.01 Agriculture & Natural Resources

- Agricultural Inspector
- Agricultural Technician
- Animal Breeder
- Animal Caretaker
- Farmer or Rancher
- Farm Worker
- Fisherman/woman
- Food Science Technician
- Forester
- Forestry Technician or Technologist
- Nursery or Greenhouse Worker

1.02 Safety & Law Enforcement

- Conservation Officer
- Correctional Service Officer
- Criminal Investigator or Special Agent
- Emergency Medical Technician
- Firefighter
- Fire Inspector or Investigator
- Police Officer or Sheriff
- Police Detective
- Private Detective or Investigator
- Security Guard

1.03 Engineering

- Architectural or Civil Drafter
- Audio & Video Equipment Technician
- Broadcast Technician
- Cartographer or Photogrammetrist

- Civil Engineering Technician
- Construction or Building Inspector
- Electrical & Electronic Engineering Technician
- Engineering Technician
- Environmental Engineering Technician
- Forest or Conservation Technician
- Industrial Engineering Technician
- Materials Engineer
- Mechanical Engineering Technician
- Mechanical Engineer
- Mining or Geological Engineer
- Nuclear Technician
- Radiologic Technologist or Technician
- Sound Engineering Technician
- Surveying or Mapping Technician
- Surveyor

1.04 Transportation & Distribution

- Air Pilot or Instructor
- Bus Driver
- Deck Officer
- Delivery and Courier Service Driver
- Engineer Officer
- Fishing Vessel Deckhand
- Fishing Vessel Skipper or Officer
- Locomotive Engineer
- Subway or Light Rail Operator
- Taxi Driver or Chauffeur
- Truck Driver

1.05 Construction Crafts & Support

- Bricklayer
- Carpenter

- Carpet or Floor Installer
- Commercial Diver
- Concrete Finisher
- Drywall Installer
- Floor Covering Installer
- Glazier (glass installer)
- Installer or Servicer
- Ironworker
- Painter or Decorator
- Plasterer or Stucco Mason
- Plumber, Pipefitter, or Steamfitter
- Roofer or Shingler
- Structural Iron & Steel Worker

1.06 Crafts-Mechanical

- Aircraft Mechanic & Service Technician
- Automotive Installer and Servicer
- Automotive Service Technician
- Coin and Vending Machine Repairer
- Construction Millwright
- Diesel Mechanic & Engine Service Specialist
- Farm Equipment Mechanic
- Heating, Air-Conditioning, or Refrigeration Technician
- Home Appliance Repairer
- Industrial Machinery Mechanic
- Locksmith or Safe Servicer
- Mobile Heavy Equipment Service Technician
- Medical Equipment Repairer
- Oil and Gas Drilling Worker
- Small Engine Mechanics
- Television, Video, or Motion Picture Camera Operator
- Truck or Bus Mechanic

REALISTIC

(continued)

1.07 Crafts-Electrical-Electronic

- Avionics Technician
- Cable Television Technician
- Computer and Office Machine Repairer
- Electrical & Electronic Installers & Repairers, Commercial & Industrial Equipment
- Electrical Power-Line Installer & Repairer
- Electrician
- Electronic Home Entertainment Equipment Installer and Repairer
- Elevator Installer and Repairer
- Power System Electrician
- Telecommunications Equipment Installers & Repairers

1.08 Crafts-Metal, Wood, Plastic, Fabric

- Automotive Body Repairer
- Boilermaker
- Cabinetmaker
- CNC Machine Programmer or Operator
- Custom Tailor
- Jeweller
- Machinist
- Medical Appliance Technician
- Model Maker, Metal or Plastic
- Model Maker or Pattern Maker, Wood
- Museum Technician or Conservator
- Optician, Dispensing
- Patternmaker, Metal or Plastic
- Sheet Metal Worker

1.08 Crafts-Metal, Wood, Plastic, Fabric

- Shoe and Leather Worker
- Tool and Die Maker
- Upholsterer
- Welder, Cutter, Solderer, or Brazier

1.09 Food Preparation

- Baker
- Butcher or Meat Cutter
- Chef
- Cook, Cafeteria
- Cook, Fast Food
- Cook, Restaurant
- Fishmonger
- Food Preparation Worker

1.10 Systems Operation

- Central Control and Process Operator
- Power System Operator
- Ship Engineer
- Stationary Engineer and Boiler Operator
- Water-Treatment-Plant Operator

1.11 Equipment Operation

- Agricultural Equipment Operator
- Chainsaw and Skidder Operator
- Grader, Bulldozer, or Scraper Operator
- Construction Equipment Operator
- Crane and Tower Operator
- Driller
- Industrial Truck & Tractor Operator
- Logging Machine Operator
- Longshore Worker
- Public Works Equipment Operator
- Underground Miner

1.12 Manufacturing & Production

- Dental or Ophthalmic Laboratory Technician
- Electrical or Electronic Equipment Assembler
- Electromechanical Equipment Assembler
- Engine or Other Machine Assembler
- Inspector or Tester
- Machine Operator
- Printing Machine Operator
- Textile Processing Worker
- Woodworking Machine Operator

INVESTIGATIVE Occupations

2.01 Physical Sciences

- Astronomer
- Chemist
- Environmental Scientist or Hydrologist
- Geologist
- Geophysicist
- Geoscientist
- Materials Scientist
- Meteorologist
- Physicist

2.02 Life Sciences

- Animal Scientist
- Biochemist or Biophysicist
- Biologist
- Food Scientist or Technologist
- Medical Scientist
- Microbiologist
- Natural and Applied Science Program Officer
- Plant Scientist
- Zoologist or Wildlife Biologist

INVESTIGATIVE

(continued)

2.03 Health Sciences

- Anesthesiologists
- Animal Health Technologist
- Audiologist
- Cardiologist
- Chiropractor
- Dentist
- Epidemiology and Community Medicine Specialist
- Internist
- Obstetrician
- Optometrist
- Orthodontist
- Osteopathic Physician
- Pediatrician
- Pharmacist
- Physician or Surgeon
- Psychiatrist
- Veterinarian

2.04 Laboratory & Medical Technology

- Biological Technologist
- Cardiovascular Technologist or Technician
- Chemical Technologist
- Clinical or Medical Laboratory Technologist
- Diagnostic Medical Sonographer
- Environment and Conservation Technologist
- Forensic Science Technician
- Geological and Mineral Technologist
- Medical Radiation Technologist

2.05 Computer Science & Technology

- Computer Network Technician

- Computer Programmer
- Computer Software Engineer and Designer
- Information Systems Analyst
- Interactive Media Developer
- Network System Engineer
- User Support Technician

2.06 Mathematics & Data Analysis

- Actuary
- Financial Analyst
- Mathematical Technician
- Mathematician
- Operations Research Analyst
- Statistician

2.07 Social Sciences

- Anthropologist or Archaeologist
- Archivist or Curator
- Economist
- Education Policy Researcher, Consultant or Program Officer
- Geographer
- Historian
- Industrial-Organizational Psychologist
- Marketing Researcher
- Political Scientist
- Social Policy Researcher, Consultant or Program Officer
- Sociologist
- Survey Researcher
- Urban and Land Use Planner

2.08 Engineering

- Aerospace Engineer
- Agriculture Engineer
- Biomedical Engineer
- Chemical Engineer
- Civil Engineer

- Computer Hardware Engineer
- Electrical Engineer
- Electronics Engineer
- Engineering Teacher, University
- Environmental Engineer
- Health and Safety Engineer
- Industrial Engineer
- Management Analyst
- Nuclear Engineer
- Petroleum Engineer
- Public Health Engineer

ARTISTIC Occupations

3.01 Literary Arts

- Creative Writer
- Poet or Lyricist
- Writer or Author

3.02 Visual Arts

- Architect
- Architectural Technician
- Architecture Teacher, University
- Art Director
- Artist
- Cartoonist
- Commercial or Industrial Designer
- Desktop Publisher
- Fashion Designer
- Film or Video Editor
- Fine Artist -- Painter, Sculptor, or Illustrator
- Floral Designer
- Graphic Designer
- Interior Designer
- Landscape Architect
- Multi-Media Artist or Animator
- Photographer
- Theatre Designer
- Web Designer

ARTISTIC

(continued)

3.03 Drama & Dance

- Actor
- Choreographer
- Dancer
- Director (TV/radio, movies, theater)
- Film, TV, or Radio Producer
- Makeup Artist, Theatrical & Performance
- Model
- Talent Co-ordinator

3.04 Music

- Composer
- Music Arranger or Orchestrator
- Music Director
- Musician
- Singer

3.05 Communications

- Editor
- Interpreter or Translator
- Public Address Announcer, MC, or DJ
- Radio and Television Announcer
- Reporter or Correspondent
- Technical or Scientific Editor or Writer

SOCIAL Occupations

4.01 Social Services

- Community or Social Service Worker
- Counseling Psychologist
- Educational, Vocational, or School Counsellor
- Employment Counsellor
- Family, Marriage, or Other Counsellor

- Health Care Planning Consultant
- Minister of Religion
- Probation Officer
- Psychologist
- Public Assistance Advisor
- Rehabilitation Counselor

4.02 Nursing, Therapy, & Health Promotion

- Athletic Trainer
- Dental Hygienist
- Dietitian or Nutritionist
- Dietetic Technician
- Head Nurse
- Licensed Practical Nurse
- Massage Therapist
- Occupational Therapist
- Orthopedic Technologist
- Physical Therapist
- Physiotherapist
- Psychiatric Aide
- Radiation Technologist
- Recreational Therapist
- Registered Nurse
- Respiratory Therapist
- Speech-Language Pathologist

4.03 Child & Adult Care

- Babysitter, Nanny or Parent Helper
- Dental Assistant
- Foster Parent
- Home Health Aide
- Licensed Practical or Vocational Nurse
- Nurse Aide
- Visiting Homemaker

4.04 Education & Library Services

- College or Community College Teacher
- Curriculum Developer
- Early Childhood Educator
- Elementary School or Kindergarten Teacher

- Health Education Teacher, University
- Law Professor, University
- Librarian
- Library Technician or Assistant
- Nursing Instructor or Teacher
- Philosophy or Religion Teacher, University
- Secondary School Teacher
- Teacher Assistant
- Teacher of Persons with Disabilities
- University Professor
- Vocational Instructor

4.05 Sport, Recreation & Fitness

- Coach, Umpire or Referee
- Outdoor Adventure Guide
- Recreation and Fitness Worker
- Recreation Leader or Instructor

ENTERPRISING Occupations

5.01 Sales & Purchasing

- Insurance Sales Agent
- Purchasing Agent or Buyer
- Real Estate Sales Agent
- Retail Salesperson
- Sales Agent, Financial Services
- Sales Engineer
- Sales Representative, Wholesale & Manufacturing
- Wholesale or Retail Buyer

5.02 Hospitality, Beauty & Customer Services

- Amusement, Recreations, or Sport Attendant

ENTERPRISING

5.02 Hospitality...

(continued)

- Barber
- Bartender
- Esthetician
- Flight Attendant
- Gambling Casino Worker
- Hairdresser, Hairstylist, or Cosmetologist
- Service Station Attendant
- Tour Guide
- Travel Agent
- Waiter/Waitress

5.03 Legal Practice & Support

- Administrative Judge
- Arbitrator, Mediator, or Conciliator
- Judge
- Law Clerk
- Lawyer
- Notary
- Paralegal/Legal Assistant
- Quebec Notary

5.04 Business Administration

- Accommodation Services Manager (Hotel, Motel, Resort)
- Administrative Officer
- Administrative Services Manager
- Business Development Officer
- Chief Executive Officer
- Computer and Information System Manager
- Construction Manager
- Engineering Manager
- Facility Operation or Maintenance Officer
- Farm, Ranch, or Other Agricultural Manager
- Food Services Manager
- Funeral Director

- Gaming Manager
- General and Operations Manager
- Human Resources, Training, and Labour Relations Manager or Specialist
- Industrial Production Manager
- Manager, Financial and Business Services
- Manager, Manufacturing or Utilities
- Nursery or Greenhouse Manager
- Producer or Program Director (TV/radio, movies, theater)
- Property or Real Estate Manager
- Purchasing Manager
- Supervisor or Manager of Farming, Fishing or Forestry Workers
- Supervisor or Manager of Landscaping or Groundskeeping Workers
- Supervisor or Manager of Office & Administrative Support Workers
- Supervisor or Manager of Retail Sales Workers
- Supervisor, Mining, Oil and Gas
- Technical Director/Manager (TV/radio, movies, theater)
- Transportation, Storage, or Distribution Manager

5.05 Finance

- Accountant or Auditor
- Appraiser, Real Estate
- Financial Control Officer
- Financial Manager
- Loan Officer
- Personal Financial Planner

5.06 Government & Public Administration

- Archivist or Curator
- Education Administrator
- Government Manager
- Legislator
- Manager - Library, Museum, or Art Gallery
- Manager in Public Administration
- Medical and Health Service Manager
- Program Officer in Government
- School Principal

5.07 Promotion

- Advertising and Promotions Manager
- Advertising Sales Agent
- Copy Writer
- Marketing Manager
- Public Relations Manager
- Public Relations Specialist
- Sales Manager

5.08 Regulations Enforcement

- Financial Examiner
- Immigration or Customs Inspector
- Occupational Safety and Health Inspector
- Public or Environmental Health Inspector
- Tax Examiner, Collector, or Revenue Agent

CONVENTIONAL Occupations

6.01 Mathematical Detail

- Bill and Account Collector
- Billing, Cost, or Rate Clerk
- Bookkeeping, Accounting or Auditing Clerk

CONVENTIONAL

6.01 Mathematical Detail (continued)

- Brokerage Clerk
- Claims, Adjuster, Examiner or Investigator
- Credit or Loan Analyst
- Cost Estimator
- Financial Analyst
- Insurance Underwriter
- Payroll or Timekeeping Clerk
- Tax Return Preparer

6.02 Financial Detail

- Cashier
- Counter or Rental Clerk
- Gaming Cage Worker
- Insurance Claim Clerk
- Parts Salesperson
- Postal Service Clerk
- Teller

6.03 Oral

Communications

- Air Traffic Controller
- Call Centre Clerk
- Customer Service Representative
- Hotel, Motel, or Resort Desk Clerk
- Loan Interviewer or Clerk
- Police, Fire, or Ambulance Dispatcher
- Receptionist or Information Clerk
- Reservation or Transportation Ticket Agent
- Switchboard Operator
- Telephone Operator

6.04 Materials & Records Processing

- Cargo or Freight Agent
- Computer Operator
- Court, Municipal, or License Clerk
- Court Recorder
- Data Entry Clerk
- File Clerk
- Health Records Technician
- Mail Carrier
- Medical Transcriptionist
- Pharmacy Technician
- Shipping, Receiving, or Traffic Clerk
- Statistical Clerk
- Stock Control Clerk
- Weigher, Measurer or Checker
- Word Processor and Typist

6.05 Administrative Detail

- Budget Analyst
- Credit Analyst
- Executive Secretary or Administrative Assistant
- Legal Secretary
- Medical Secretary
- Occupational Health & Safety Technician
- Office Clerk
- Purchasing (Procurement) Clerk or Technician
- Secretary
- Title Clerk, Searcher, or Examiner

Learn More About the Jobs That Interest You

- Talk with or interview people in the work you are considering.
- Do volunteer work or take a part-time job in your area of interest.
- Talk with a career counsellor.

Recommended Online Articles:

- ◆ [Holland's Theory of Career Choice and You](#)
- ◆ [Match Your Personality with Careers](#)
- ◆ [Identify Your Skills](#)
- ◆ [High Quality Decisions](#)

Further Career Exploration

Go to The Career Key™ Canada website at www.careerkey-ca.org

There, you can learn about the jobs that interest you, such as what they pay, the training required, and how hard it is to get one.

You will also get practical advice on topics like learning more about occupations and yourself, choosing a college major, learning the essential job skills, and making good decisions.

Career exploration pays off. You will develop a clearer view of yourself, what is important to you and the jobs that fit you best.